



Heart Beat Hawke's Bay Evaluation

We value your comments, please provide us with feed back so we can continually improve the service.

Do you feel you have a better understanding of heart disease after completing the programme?

What have you found most valuable?

What did you enjoy the most?

What did you enjoy the least?

Do you have any recommendations/ changes you would like us to consider?

Is there anything further you would have wanted to know/ learn?

Do you feel you understand the medications you are taking?

What are the benefits of taking your medications every day?

Do you feel you can manage chest pain at home if it reoccurred, how would you do this?

Did you feel comfortable using the Gym equipment/was the seating arrangement for the discussion groups satisfactory?

Did you find the staff supportive?

Do you feel less anxious about the future and having heart disease?

Have you made any lifestyle changes?

Would you recommend the programme to someone else?

Was the time of the group appropriate for you? If not when would have been a more convenient time?

Are you likely to continue a regular exercise programme? Would you like to be referred to Green Prescription? If Yes- please state your name.

Please return to:
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