**Research**

**An inquiry cycle for action on health and wellbeing**

**Action**

*What’s changed? What data have we got? What stories have we got? What would we do differently another time? How will this influence future decisions on actions?*

**Evaluate**

**Decide**

How will we decide? Who decides? What’s the timeline for a decision? Short term – medium term - long term? Easy wins?

*Get on with it! Identify who you need to partner with. Have a plan and follow it. Keep people informed. Identify a start point and a stopping point.*

*What’s best to do? What is the greatest need? What do we have the capacity for? Whose voice are we listening to? Community? Survey? Collective insight?*