



Bath Board

Instructions for setting up
a bath board at home

For further information:

P: 06 878 8109 ext. 5761

W: www.tewhatauora.govt.nz

Health New Zealand
Te Whatu Ora

Instructions for setting up a bath board at home

To fit bath board:



- There needs to be at least 5cm of a lip on each side of the bath to support your weight - DO NOT USE IF THE LIP IS LESS THAN 5CM WIDE .
- Loosen the four adjustment legs.
- Position the board across the bath with the handle closest to the wall, as the picture on the front page shows.
- The board should be well supported on the ledges of the bath.
- Adjust the four legs to fit firmly against the inside wall of the bath and re-tighten them.
- Check that the board is firmly in place before using.

DO NOT USE IF YOU HAVE A SHOWER DOOR TRACK ON THE BATH TUB

To use:



- Sit on the bath board; move your bottom back towards the centre of the bath board.
- Swing your legs over the side of the bath, position yourself in the centre of the board while showering.



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- **MAXIMUM WEIGHT CAPACITY IS 150KG.**

Additional information from your Occupational Therapist:

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If you have any questions or require further advice please ring the Hawke's Bay Hospital Equipment Loan Store
P: 06 878 8109 ext. 5761