

PAYMENT METHODS

You will receive a monthly invoice which can be paid by the following methods:

Monthly direct debit

Direct Credit

Cheque

In person by cash, cheque or EFTPOS
refer separate sheet.

For accounts enquiries only contact:
06 873 2148



Te Whatu Ora
Health New Zealand
Te Matau a Māui Hawke's Bay

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MEALS ON WHEELS

- Flaxmere
- Hastings
- Havelock North
- Napier
- Taradale

Hot or frozen meal and
dessert \$7.80

Phone: 06 834 1836

Email: mealsonwheels@hbdhb.govt.nz

For more information go to:
[www.ourhealthhb.nz/meals on wheels](http://www.ourhealthhb.nz/meals%20on%20wheels)

ORDER INFORMATION

Hot meals:

Can be ordered by arranging an ongoing standing order for Monday to Friday delivery, or selecting a few days only (see our 4-week-cycle menu) e.g. Mon, Wed, Fri.

Dietary requirements are catered for in our hot meal service, e.g. gluten free, dairy free, cut up, minced or pureed meals.

Frozen meals:

Can be pre-ordered to cover weekends and public holidays instead of hot meals (these meals do not cater for specific dietary requirements)

How to order meals or make changes:

Phone: 06 834 1836 Monday to Friday between 9am & 11.30am, or leave a phone message.

Email:

mealsonwheels@hbdhb.govt.nz

Please allow at least 24 hours (working week) notice to set up an account to order hot or frozen meals; or to cancel meals or make changes to your order.

DELIVERY INFORMATION

Red Cross volunteers deliver meals Monday to Friday, except public holidays.

If you have a dog please ensure it is tied up, or away from the entrance to your property.

Delivery is between 11.30am and 12.30pm. Please provide a suitable container if you are out when delivery is expected.

If meals cannot be delivered to your address, frozen meals may be collected by arrangement.

Payment for meals:

Accounts are invoiced monthly, contact us for payment option that will suit you.

FEEDBACK

We welcome your feedback — and if you have a classic kiwi favourite you would like to see on our menu, let us know!

FROZEN MEAL RANGE

We cater frozen meals as a chef's choice selection. Due to the high demand and limited variety of frozen meals.

Below are the meals we provide:

- Beef casserole
- Butter chicken
- Chicken and kumara casserole
- Corned beef and mustard sauce
- Lamb curry
- Macaroni cheese and bacon
- Pork and plum casserole
- Roast beef and gravy
- Roast chicken and gravy
- Roast pork and gravy
- Satay chicken
- Sausages with onion gravy
- Savoury mince

Vegetarian meals

- Lentil and tomato quiche
- Macaroni cheese
- Vegetable bake
- Vegetable curry
- Vegetable frittata
- Vegetable lasagne

All meals are served with vegetables and potato or rice and are in oven and microwaveable trays.