

Hawkes Bay Breastfeeding Support Services

2021

La Leche League Hawkes Bay

Mobile (text or call) 0220811622 to contact LLL Hawke's Bay leaders

Website for detailed info

<https://lalecheleague.org.nz/Hawkesbay>

Email is

HawkesBay@lalecheleague.org.nz

Facebook.Com/LLLHB

Te Taiwhenua O Heretaunga

06 871 5350 or 0508TAMARIKI

Breastfeeding peer support person (offers home visits)

Miraka Māmā

Breastfeeding support group

Every Monday 10am-12pm (during school term only)

Flaxmere Plunket Hub, 1 Peterhead Road, Flaxmere

Contact Amy for more information - 0275712493

CHB Parents Centre

Free lactation consultant service – 8am-6pm daily, phone Ann or Sue:

Ann – 06 857 3844 or Text only – 027 279 6204

Sue - 0210464737



Kahungunu Executive ki te Wairoa Charitable Trust – 06 838 6835

Plunket Gisborne - 06 867 7711

Plunket Community Hub – 06 870 5009

Lactation Consultant Service – Vicky Kitchin providing in home visits 0272490647

Eligibility criteria applies

Private lactation consultancy services

Discuss options with your LMC or Well Child Nurse or

<https://www.nzlca.org.nz/find-a-lactation-consultant>

Plunketline Video Conferencing

Breastfeeding Support Service – Available nationally, call 0800 933 922

Mamia - Kāinga for young new māmā and ngā wāhine hapū

Waipatu Marae

Monday to Thursday 9.30am - 3.30pm

Aria 027 42 42 246 or Moana 027 356 9033

<https://globalhealthmedia.org/videos/breastfeeding/>

Plunketline – 0800 933 922

24/7 services:

Healthline – 0800611 116

Refer to Mama Aroha reference card or app

www.breastfednz.co.nz or BreastFedNZ free app