**Calendar of Health Awareness Events Hawke’s Bay 20242017**

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| **January** |  | **Kohi-tatea** |
|  |  |  |
| ***01 & 02*** | ***New Year’s Day Observed*** |  |
| 04 | World Braille Day | <https://blindlowvision.org.nz/> |
| 29 | ***Term 1 Starts*** |  |
| **February** |  | **Hui-tanguru** |
|  | Aotearoa Bike Challenge Month | <https://www.lovetoride.net/nz> |
|  | Heart Awareness Month | <https://www.heartfoundation.org.nz/your-heart/> |
|  | Ovarian Cancer Awareness Month | <https://www.ovariancancernz.org.nz> |
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|  |  |  |
| 02 | World Wetlands Day | [World Wetlands Day - National Wetland Trust of New Zealand](https://www.wetlandtrust.org.nz/what-we-do/world-wetlands-day/) |
| 04 | World Cancer Awareness Day | <https://www.worldcancerday.org/materials> |
| ***06*** | ***Waitangi Day*** | <https://www.kahungunu.iwi.nz/waitangi-day> |
| 06 | Safer Internet Day | <https://www.netsafe.org.nz/sid2022> |
| 10 | Chinese New Year – Year of the Dragon |  |
| 23 - 24 | Big Heart Appeal Days |  |
| 29 | Rare Disease Day | [https://raredisorders.org.nz/about-rare-disorders/rare-disease-day/](https://raredisorders.org.nz/about-rare-disorders/rare-disease-day/2) |
| **March** |  | **Poutu-te-rangi** |
|  | Stroke Awareness Month | <https://www.strokecentral.org.nz/> |
|  | Hearing Awareness Month | [Home | NFDHH](https://www.nfd.org.nz/) |
|  | SunSmart Month | <https://www.sunsmart.org.nz/> |
|  | Endometriosis Awaresness Month | <https://nzendo.org.nz/> |
|  | Neighbours Aotearoa Month | https://neighboursaotearoa.nz/ |
|  |  |  |
| 02 | International Cultures Day |  |
| 02 - 10 | Recreation Aotearoa Parks Week | <https://www>.nzrecreation.org.nz/Site/events/parks-week.aspx |
| 02 - 10 | Sea Week – Celebrate connecting with our seas | <https://www.seaweek.org.nz/> |
| 03 | World Wildlife Day | [World Wildlife Day: National events (doc.govt.nz)](https://www.doc.govt.nz/news/events/national-events/world-wildlife-day/) |
| 03 | Children’s Day Te Ra O Te Tamariki | <https://www.childrensday.org.nz/> |
| 03 | World Hearing Day “Ear & Hearing Care for all” | <http://nfd.org.nz> |
| 04 | World Obesity Awareness Day | <http://www.obesityday.worldobesity.org/> |
| 04 | HPV Awareness Day |  |
| 07 | World Health Day | <https://www.who.int/world-health-day/en/> |
| 08 | International Women’s Day | [www.internationalwomensday.com/](http://www.internationalwomensday.com/) |
| 09 | World Kidney Awareness Day | <https://www.worldkidneyday.org/2022-campaign/2022-wkd-theme/> |
| 13 | Walk 2 Work Day | [www.livingstreets.org.nz/](http://www.livingstreets.org.nz/) |
| 13 - 20 | Coeliac Awareness Week | <https://coeliac.org.nz/> |
| 16 - 17 | Relay 4 Life |  |
| 17 | Listen Up | <https://www.nfd.org.nz/awareness> |
| 19 | World Social Work Day | [www.worldsocialworkday.com/](http://www.worldsocialworkday.com/) |
| 20 | World Oral Health Day | [www.healthysmiles.org.nz/](http://www.healthysmiles.org.nz/) |
| 21 | World Down Syndrome Day | <https://nzdsa.org.nz/> |
| 22 | World Water Day | <https://www.worldwaterday.org/> |
| 22 - 23 | Red Puppy Appeal | <https://blindlowvision.org.nz/guide-dogs/red-puppy-appeal/> |
| 24 | World Tuberclosis Day | <https://www.who.int/campaigns/world-tb-day/> |
| 26 | World Epilepsey Purple Day | [Purple Day • Epilepsy New Zealand](https://epilepsy.org.nz/you-can-help/fundraise/purple-day/) |
| ***29*** | ***Good Friday*** |  |
| **April** |  | **Paenga-whawha** |
|  | HB April Falls Month | <http://www.hqsc.govt.nz/> |
|  | Cholesterol Awareness Month | <https://www.strokecentral.org.nz/event/cholesterol-awareness-month/> |
|  | Parkinson’s Awareness Month | <https://www.parkinsons.org.nz/> |
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| ***01*** | ***Easter Monday*** |  |
| 02 | World Autism Awareness Day | <http://www.autismnz.org.nz/> |
| ***07*** | ***Daylight Saving Ends Back 1 hour (3.00am becomes 2.00am)*** |  |
| 07 | World Health Day | <http://www.who.int/campaigns/world-health-day/> |
| 11 | Parkinson’s Awareness Day | <http://www.parkinsons.org.nz/> |
| ***12*** | ***Term One Finishes*** |  |
| 17 | World Hemophilia Day |  |
| 22 | World Earth Day | [Earth Day: The Official Site | EARTHDAY.ORG](https://www.earthday.org/) |
| ***25*** | ***ANZAC Day*** |  |
| 28 | World Day for Safety & Health @ Work | <https://www.un.org/en/events/safeworkday/> |
| 29 | ***Term Two Starts*** |  |
| May |  | **Haratua** |
|  | Quit for life in May | [http://smokefree.org.nz/](http://smokefree.org.nz/%20%20) |
|  | Light it Orange for Shine | <http://www.lightitorange.co.nz/> |
|  | Cystic Fibrosis Month | <https://www.cfnz.org.nz/> |
|  |  |  |
| 01 - 07 | Perinatal Mental Health Awareness Week | <https://pada.nz/> |
| 01 | World Maternal Mental Health Day | <https://wmmhday.postpartum.net/> |
| 05 | World Hand Hygiene Day |  |
| 05 | World Midwives Day | <https://www.findyourmidwife.co.nz/midwives/hawkes+bay> |
| 05 - 11 | Allergy Awareness Week | <http://www.allergy.org.nz/> |
| 06 - 12 | Nurses Week 12th Nurses Day | <https://www.nzno.org.nz/> |
| 07 | World Asthma Day | <https://www.asthmafoundation.org.nz/> |
| 08 | Red Cross & Red Crescent Day | <https://www.redcross.org.nz/> |
| 08 | World Ovarian Cancer Awareness Day |  |
| 09 - 15 | Sign Language Week | <http://www.deaf.org.nz> |
| 10 | World Lupus Awareness Day |  |
| 12 | World Fibromyalgia Awareness Day |  |
| 12 | World ME Awareness Day |  |
| 12 | World Chronic Fatigue Syndrome Day |  |
| ***12*** | ***Mother’s Day*** |  |
| 15 | International Day of Families | [info@napierfamilycentre.org.nz](mailto:info@napierfamilycentre.org.nz) |
| 16 - 20 | Bullying Free NZ Week - Local Legends big and small | [www.bullyingfree.nz/](http://www.bullyingfree.nz/) |
| 17 | Pink Shirt Day | [www.pinkshirtday.org.nz](http://www.pinkshirtday.org.nz) |
| 19 | World IBD Day | <https://worldibdday.org/> |
| 20 | World Autoimmune/ Autoinflammatory Arthritis Day |  |
| 20 - 26 | Road Safety Week | [www.roadsafetyweek.org.nz/action-pack](http://www.roadsafetyweek.org.nz/action-pack) |
| 20 - 26 | Youth Week | <http://www.arataiohi.org.nz/youthweek> |
| 26 - 01 | Samoa Language Week | <https://www.mpp.govt.nz/our-work/pacific-language-weeks/> |
| 30 | World Multiple Sclerosis Day | <http://worldmsday.org/> |
| 31 | World Smokefree Day | <https://www.smokefree.org.nz/> |
| **June** |  | **Pipiri** |
|  | Move Your Butt -Bowel Cancer Awareness Month | [https://bowelcancernz.org.nz/](https://bowelcancernz.org.nz/move-your-butt/) |
|  | Jammies 4 June | [Out and about with kids in Hawkes Bay | Facebook](https://www.facebook.com/OutAndAboutWithKidsInHawkesBay/) |
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| ***03*** | ***King’s Birthday*** |  |
| 04 | Cancer Survivors Day | <http://www.cancernz.org.nz/> |
| 05 | World Environment Day | <http://worldenvironmentday.global/> |
| 05 | World Environment Day |  |
| 07 | World Food Safety Day |  |
| 08 | World Oceans Day “Big Blue Future” | <https://www.worldoceansday.org/> |
| 08 | World Brain Tumour Awareness Day |  |
| 10 - 16 | Men’s Health Week | <https://www.menshealthweek.co.nz/> |
| 12 - 18 | Diabaetes Awareness Week |  |
| 14 | World Blood Donor Day | <http://www.nzblood.co.nz/> |
| 15 | World Elder Abuse Awareness Day | <http://www.ageconcern.org.nz/> |
| 17 - 21 | Volunteer Awareness Week | <https://nationalvolunteerweek.nz/> |
| 17 - 23 | Continence Awareness Week | [http://www.continence.org.nz/](http://www.continence.org.nz/1) |
| 19 | World Sickle Cell Day | <https://www.sicklecellsociety.org/wscd/> |
| 20 | World Refugee Day | <http://www.un.org/en/events/refugeeday/> |
| 25 | World Virtigo Awareness Day |  |
| 25 | World Drowning Prevention Day |  |
| ***28*** | ***Matariki*** |  |
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| **July** |  | **Hongongoi** |
|  | Women’s Refuge Awareness Month | <https://womensrefuge.org.nz/> |
|  | World Plastic Free July | <https://www.plasticfreejuly.org/> |
|  | Mindfulness Month | [Mindfulness Month (raisely.com)](https://mindfulnessmonth.raisely.com/?utm_source=sfmc&utm_medium=email&utm_campaign=In+Touch+May+2023&utm_content=noalias) |
|  |  |  |
| ***05*** | ***Term 2 Finishes*** |  |
| ***22*** | ***Term Three Starts*** |  |
| 28 | World Hepatitis Day | <https://www.hepatitisfoundation.org.nz/> |
| 31 - 06 | Cook Island Language Week |  |
|  |  |  |
| **August** |  | **Here-turi-koka** |
|  | Psoriasis Awareness Month |  |
|  | Minfulness Month | [Mindfulness | Mental Health Foundation](https://mentalhealth.org.nz/our-work/mindfulness) |
|  |  |  |
| 31 - 06 | Cook Island Language Week | <https://www.mpp.govt.nz/our-work/pacific-language-weeks/> |
| 01 - 07 | Breastfeeding Week | <http://worldbreastfeedingweek.org/> |
| 09 | World Indigenous Peoples Day | <http://www.un.org/en/events/indigenousday/> |
| 12 | World Youth Day | <http://www.un.org/en/events/youthday/> |
| 19 | World Humanitarian Day |  |
| 25 | Daffodil Day | <http://www.cancernz.org.nz/> |
| **September** |  | **Mahuru** |
|  | Cervical Screening Awareness Month | <http://www.nsu.govt.nz/> |
|  | Blue September Prostate Cancer Awareness Month | <http://www.blueseptember.org.nz/> |
|  | Breathe Better September – Respiratory Condition Awareness Month | <http://www.breathebetterseptember.co.nz/> |
|  | World Alzheimer’s Month (21st Day) | <http://www.alzheimers.org.nz/> |
|  |  |  |
| ***01*** | ***Father’s Day*** |  |
| 03 - 09 | Tonga Language Week | <https://www.mpp.govt.nz/our-work/pacific-language-weeks/> |
| 04 | World Sexual Health Day sdey |  |
| 05 -12 | Conservation Week | <https://www.doc.govt.nz/news/events/conservation-week/> |
| 08 | World Literacy Day sdey | <https://www.literacy.org.nz/> |
| 08 | World Physiotherapy Day | <http://www.physio.co.nz/> |
| 09 | Fetal Alcohol Spectrum Disorder Awareness Day | <https://www.fasd.org.nz/> |
| 10 | World Suicide Prevention Day | <http://www.spinz.org.nz/> |
| 11 - 18  14 | Maori Language Week Maori Language Day | <https://www.tetaurawhiri.govt.nz/events> |
| 17 | World Patient Safety Day | [https://www.hqsc.govt.nz/our-programmes/patient-safetyday /](https://www.hqsc.govt.nz/our-programmes/patient-safetyday%20/) |
| 18 - 24 | Speech Language Therapy Awareness week | <https://speechtherapy.org.nz/> |
| 21 | World Alzheimers Day | <http://www.alzheimers.org.nz/> |
| 22 | World Car Free Day | <http://www.worldcarfree.net/> |
| 23 - 29 | Mental Health Awareness Week | <http://www.mentalhealth.org.nz> |
| 25 | World Pharmacist Day | <https://www.fip.org/worldpharmacistsday> |
| 26 | World Contraception Day | <https://www.familyplanning.org.nz> |
| ***27*** | ***Term Three Finishes*** |  |
| TBC | Aotearoa Social Workers’ Day |  |
| ***29*** | ***Daylight Saving Starts forward 1 hour (2.00am becomes 3.00am)*** |  |
| **October** |  | **Whiringa-a-nuku** |
|  | Breast Cancer Awareness Month | <http://www.nzbcf.org.nz/> |
|  |  |  |
| 01 | World Day of Older Persons | <http://www.ageconcern.org.nz/> |
| 01 | World Vegetarian Day | <http://www.vegetarian.org.nz/> |
| 05 | World Teachers’ Day |  |
| 06 | World Cerebral Palsy Day |  |
| 07 | World Day of Bullying Prevention |  |
| 09 - 15 | Baby Loss Awareness week | <http://www.sands.org.nz/> |
| 10 | World Mental Health Awareness Day | <http://www.mentalhealth.org.nz/> |
| 10 | World Homeless Awareness Day | <http://www.worldhomelessday.org/> |
| 12 | World Arthritis Day | <http://www.arthritis.org.nz/> |
| 13 | Natural Disaster Risk Reduction Day | <https://www.un.org/en/observances/disaster-reduction-day> |
| 14 | Allied Health Professionals Day | <https://sites.google.com/view/ahps-day/home> |
| 14 | World Hospice & Palliative Care Day |  |
| 15 | World Hand Washing Day | <http://www.globalhandwashingday.org/> |
| ***14*** | ***Term Four starts*** |  |
| 16 - 22 | Melanoma Awareness Week | <https://www.melanoma.org.nz/> |
| 18 | Loud Shirt Day – Deaf Children Awareness | <http://www.loudshirtday.org.nz/> |
| 20 | World Osteoporosis Day | <https://osteoporosis.org.nz/> |
| 21 - 27 | Occupational Therapist Week |  |
| 24 | United Nations Day | <http://www.un.org/> |
| ***25*** | ***HB Anniversary Day*** |  |
| 26 | Intersex Awareness Day | <https://pride.cp.nz> |
| 27 | World Occupational Therapy Day Unity through community |  |
| 27 | Shake Out 9.30am Earthquake Drill | [New Zealand ShakeOut — Get Ready — Emergency preparedness in New Zealand](https://getready.govt.nz/involved/shakeout/) |
| ***28*** | ***Labour Day*** |  |
| 29 | World Stroke Day | <https://www.stroke.org.nz> |
| **November** |  | **Whiringa-a-rangi** |
|  | Movember – Men’s Health Month | <http://www.movember.com/> |
|  | Diabetes Action Month | <http://www.diabetes.org.nz/> |
|  | Pancreatic Cancer Awareness Month | <https://pancan.co.nz/> |
|  |  |  |
| 01 | World Vegan Day | <http://www.vegansociety.co.nz/> |
| 01 | Gum Boot Friday | [Gumboot Friday November 1st 2024](https://www.gumbootfriday.org.nz/2024) |
| 05 | World Tsunami Day | <https://www.un.org/en/events/foodsafetyday/> |
| TBC | MedSafety Week |  |
| 11 | Armistice Day | <http://www.rsa.org.nz/> |
| 12 | World Pneumonia Day | <https://stoppneumonia.org/world-pneumonia-day/> |
| 13 - 19 | Transgender Awareness Week |  |
| 13 | International Pathology Day |  |
| 13 | World Kindness Day |  |
| 14 | World Diabetes Awareness Day | <http://www.diabetes.org.nz/> |
| 16 | World STOP Pressure Injury Day |  |
| 18 - 24 | World Antimicrobial Week | <http://www.who.int/campaigns/world-antibiotic-awareness-week/en/> |
| 20 | World COPD Day | <http://asthmafoundation.org.nz> |
| 25 | White Ribbon Day - day for the elimination of violence towards women | <http://whiteribbon.org.nz/> |
| **December** |  | **Hakihea** |
|  | Decembeard Beat Bowel Cancer Month | <http://www.beatbowelcancer.org.nz/> |
|  | Remember December | <https://dementia.nz/> |
|  |  |  |
| 01 | World Aids Foundation Red Ribbon Day | <http://www.nzaf.org.nz/> |
| 01 | Safe Sleep Awareness Day | <http://sudinationalcoordination.co.nz/safe-sleep-day> |
| 03 | World Day Of Persons With Disabilities | <http://www.un.org/en/events/disabilitiesday/> |
| 05 | World Volunteer Day | <http://www.volunteering.org.nz/> |
| 10 | World Human Rights Day | <https://www.un.org/en/observances/human-rights-day> |
| 18 | World Migrants Day | <https://www.un.org/en/observances/migrants-day> |
| ***20*** | ***Term Four Finishes*** |  |
| ***25*** | ***Christmas Day*** |  |
| ***26*** | ***Boxing Day*** |  |

**Contact for resources: Wendi Wolfen-Duvall – Health Education Resources/Authorised Provider**

Monday, Tuesday, Thursday & Friday 07.00 – 12.00

Email [resources@hbdhb.govt.nz](mailto:resources@hbdhb.govt.nz)

Phone 06 834 1815 ext 4162

Visit Napier Health, 76 Wellesley Road, Napier

**To view and order Ministry of Health & Te Whatu Ora resources go to:** [**www.healthed.govt.nz**](http://www.healthed.govt.nz)

Whilst every effort has been made to ensure dates are correct Te Whatu Ora Te Matau a Maui accepts no liability for the accuracy of dates or contents enclosed in the calendar. Some events may be cancelled due to COVID-19. For more information about each event please contact the relevant organisation through their website

***Contact:***

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*Duvall*

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*duvall@hbdhb.govt.nz*

To view or order Ministry of Health and Health

Promotion Agencey resources visit

[www.healthed.govt.n](http://www.healthed.govt.nz/)

[z](http://www.healthed.govt.nz/)



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**Health topics include:**

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**Adolescent Health**

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**Cardiovascular**

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**Child Health & Safety**

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**Communicable Diseases**

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**Diabetes**

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**Drug & Alcohol**

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**Environmental Health**

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**Food Safety**

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**Immunisation**

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**Maori Health**

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**Men’s Health**

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**Nutrition & Physical Activity**

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**Older People’s Health**

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**Oral Health**

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**Pacific People’s Health**

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**Screening Programmes**

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**Sexual Health**

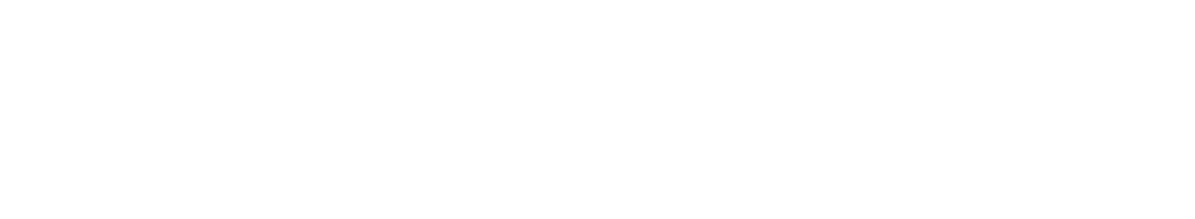
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**Smokefree**

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**Women**

**’s Health**



**4110**

**Wellesley Road, Napier**

**76**



**From**

**07.00**

**am**

**–**

**3.30**

**pm**

**Free**

**Resources**